



November Patch of the Month

Thanks from the Heart



Practice kindness and compassion, seek common ground and understanding, and serve our communities, while living the Girl Scout Promise and Law.



ABOUT PATCH OF THE MONTH

Looking for some additional fun activities for your troop or just to do on your own? Each month, girls can discover, connect, and Take Action in a specific subject area. Hands-on activities are available for all Girl Scout levels and can be done at meetings, as a pre-meeting activity, or as an at-home project.

Patch of the Month programs provide Girl Scouts an opportunity to enjoy a variety of activities while earning a fun patch. Patch programs are available to Girl Scouts of all grade levels. Completing patch programs can help complete a Journey and may satisfy requirements for certain badges. It's not necessary to complete the patch programs in the months specified—they can be completed at any time! All fun patches are placed on the back of the vest or sash.

Patch of the Month Evaluation

Once you have completed the program activities, please be sure to fill out the [Patch of the Month Evaluation](#).

How to Order Patches

Visit the GSK Shop in-person or use the GSK Shop Order Form by clicking [here](#) to purchase your patch for \$1.00 each!

Directions

Complete one (or more) activities from the Discover, Connect, and Take Action sections and share what you've done by posting photos on the [GSK Facebook Page](#)!



Discover

- What is appreciation? Why is it important to show appreciation to the people who help us?
- Stop and smell the roses. Pay attention to the little things that make you happy. Try taking mental photographs of the things you love throughout your day – it might be a pretty sunset, a fuzzy dog, or a food that tastes really good. Record three to five things every day.
- Find a quote about gratitude that speaks to you. Post it where you will see it for daily inspiration. Also, post it in at least one place where it will also inspire others.
- Create a word cloud with positive words that describe someone you appreciate and present it to them.

Connect

- Check out the greeting card section in a local store. Are there common themes, words, etc. in the cards that express gratitude?
- Research how other cultures express gratitude and compare how these acts are similar/different to how you express gratitude. Learn how to say Thank You in 5 different languages.
- Chat with a Girl Scout volunteer about what they like best about volunteering. Go a step further and ask questions such as: Why did you become a volunteer? What can be challenging?
- Interview your friends or family to find out what gratitude means to them. With their permission, ask to video their responses and share on social media, with your parent's consent.

Take Action

- Make cards for nursing home residents, wounded soldiers or deployed service people.
- Sort through toys, books and clothes to find items to donate to a homeless shelter.
- Sort canned food and non-perishables for a local food pantry.
- Pick up trash and litter at a local playground, school, library or park.
- Write thank you letters to people who have influenced your life.
- Shelve, sort, and unpack food at a local food bank or pantry.
- Organize a canned food drive or a pet supply drive.
- Make bathroom kits for a shelter (Ziploc bag with soap, toothpaste, deodorant, etc.).
- Do yard work for an elderly neighbor.
- Volunteer at a nonprofit or with an organization that serves people with disabilities.
- Help (walk dogs, play with cats, clean up cages, repair items) at an animal shelter, veterinary clinic or other animal agency.



Why Wait? Start Now to Promote Operation: Cookie

Operation: Cookie is Girl Scouts of Kentuckiana's Council-wide "Gift of Caring" initiative. Girls from all across Kentucky and Indiana encourage "Operation: Cookie" donations during the world-famous Girl Scout Cookie Program. Customers can purchase boxes of cookies that will be sent to our men and women who serve and US military veterans both at home and overseas. It is our special way of saying THANK YOU to those who sacrifice so much to serve our country. Troops earn proceeds from the donated cookie boxes sold to Operation: Cookie so that girl scouts can continue to give back and serve the community, learn how to valuable life skills and go on amazing adventures. It's a win-win Operation!

Choose from one of the following:

- Create a poster campaign
- Write letters to give out during your cookie sales
- Create a social media campaign
- Film a Public Service Announcement and share it online or email your customers
- Write a Song

