

Leave No Trace Activity Sheet

To Be Used With Principle 2 Video

Watch principle 2 video to follow Tick Tock as she goes on a day hike in Cherokee Park. Learn more about best practices when using trails for day hikes and back country camping.

Look over the following list of surfaces and decide whether they are a durable surface or one you should not walk on. Sort them into the boxes below.

Compacted dirt
Rock formation
Gravel
Moss
Sand
Snow
Water source

Muddy trail
Grass
Mulch
Wooden planks
Rain runoff trail
Tree roots
Fallen tree

Closed trail
Around a mud puddle
Paved road
Leaves
Pine needles
Pollinator Garden

Durable	Non-Durable

Can you think of any surfaces we did not cover that you might come across in nature?

What are three things you should do when camping out in nature?

1.
2.
3.

Now let's play a game!

Durable Surface Hopscotch

How to play

1. Print these pages and cut out all the boxes or tear up a piece of paper into 20 pieces and write the same words on the pieces. Make sure if you print them the paper does not print front and back.
2. Mix up the cut-out cards and lay them face down in a grid on the ground with enough room around each that you would be able to stand there. The grid should be 4 by 5.
3. Stand on one side of the grid, and flip over a card from the first row. If:
 - a. It is a durable surface, you may step onto that card and choose your next card. You may choose any of the cards that are immediately touching your square. To the left, to the right, in front, or diagonal. Keep going until you get to the other side or you come upon a non-durable surface.
 - b. If it is not a durable surface, flip over any cards you have turned up and start again.
4. You win when you can get to the other side safely and with the least impact!
Have fun!

Sand

**Compacted
Dirt**

**Rock
Formation**

Gravel

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Moss

Snow

**Water
Source**

Muddy Trail

Grass

Mulch

**Wooden
Planks**

**Rain Runoff
Trail**

Durable Surface Hopscotch

Tree Roots

Fallen Tree

**Closed
Trail**

**Around a
Mud Puddle**

Paved Road

Leaves

**Pine
Needles**

**Pollinator
Garden**