Take the national Girl Scouts Love the Outdoors Challenge, made possible by funding from Johnson & Johnson! Summer is the perfect time to celebrate our love of the outdoors. While safely socially distancing, explore the outdoors from your window, front step, laptop or the wide open trail!


Based on your grade level, complete the required number of activities to earn a snazzy new patch.

Find the activity sheet on the next page or download here.

TIPS

- Take your time! The outdoors challenge lasts from May through September; you have time to work on completing the challenge.

- Girl Scouts of all ages, their friends and family – basically everyone can participate! This patch is available to members and non-members who love the outdoors and are up for the challenge!

- Safety is our priority at Girl Scouts. If you are unable to complete an activity due to social distancing and/or a stay at home order you can find an alternative. Take a virtual tour of a park online, gaze out of a window or look through family photos of outdoor adventures. Drawing a picture works too!

GSUSA encourages all Girl Scouts to respect the social distancing rules in order to flatten the curve. Follow your state's guidelines about isolating stay-at-home measures and enjoying public nature spaces.
Beginning this May, take the national Girl Scouts Love the Outdoors Challenge! Check out the activities below and choose the ones you want to do to earn yourself a cool new patch. Summer is the perfect time to celebrate our love of the outdoors. While safely socially distancing, explore the outdoors from your window, front step, laptop or the wide open trail! Use #gsoutdoors to share your story and to see how other girls are completing this fun outdoor challenge!

The Girl Scouts Love the Outdoors Challenge kicks off in May and ends with Girl Scouts Love State Parks Weekend on September 12 and 13, 2020. Based on your grade level, complete the required number of activities to earn a snazzy new patch.

1. Sketch the view of the outdoors from your window
2. Register for Girl Scouts Love State Parks Weekend
3. Participate in an outdoor STEM service project
4. Collect data for a citizen science project on SciStarter
5. Watch the sunrise
6. Watch the sunset
7. Identify a constellation
8. Identify a bird
9. Identify a bird call
10. Identify the type of clouds in the sky
11. Hike a new trail
12. Go swimming
13. Sketch a creek, stream, or river
14. Learn how to properly apply sunscreen
15. Identify poison ivy, oak or, sumac
16. Protect yourself from stinging or biting insects
17. Try paddle boarding
18. Learn a new swim stroke
19. Make your own first aid kit
20. Make your own trail mix
21. Visit a national park
22. Visit a state park
23. Clean up a local park
24. Build an anemometer and measure the wind’s speed
25. Have a picnic with your family
26. Fly a kite
27. Photograph and identify native plants
28. Observe and identify native wildlife
29. Write a poem about nature
30. Tell the time by the sun
31. Learn about pollinators and how to protect them
32. Earn the Outdoor Art badge
33. Earn the Trail Adventure badge
34. Build a bird or bat house
35. Plan an outdoor scavenger hunt for your family
36. Make a tree bark rubbing
37. Find rain drops on leaves
38. Make an outdoor obstacle course for your family
39. Identify an insect by its song or sound
40. Use binoculars to see something far away
41. Skip a stone
42. Make a nature map of your neighborhood
43. Make a windchime and hang it outside
44. Learn how to use a compass
45. Learn how to use a pocketknife safely
46. Teach a friend a Girl Scout song to sing while handwashing
47. Play in the rain
48. Splash in a puddle
49. Measure the diameter of a tree
50. Learn the seven principles of Leave No Trace
51. Attend Girl Scouts Love State Parks Weekend

Number of Activities Required to Earn the Girl Scouts Love the Outdoors Challenge Patch

<table>
<thead>
<tr>
<th>Grade Level</th>
<th>Required Activities</th>
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<tr>
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<td>Senior &amp; Ambassador</td>
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Get the patch!