



# Women in Sports

*February Patch of the Month*

This Patch Program was designed by Breanna B. and Callie P. from Troop 885.  
Thanks!

Learning about women in sports is both exciting and inspiring because female athletes have made a lasting impact on history, breaking barriers and proving that strength, skill, and determination know no gender. From record-breaking performances to powerful leadership on and off the field, these athletes show us the importance of perseverance and teamwork. Their stories encourage young girls to dream big, stay active, and challenge stereotypes. Plus, exploring women's sports through games, interviews, and events makes the experience engaging and fun, helping us appreciate the role of female athletes in shaping a more equal and empowering world.

## How to earn your Women In Sports Patch

1. Complete the number of activities below listed for your age level.
2. Order your patch online or buy it at the GSK shop!

### **Number of activities required to get the patch:**

Daisy (3) • Brownie (4) • Junior (6) • Cadette (8) • Senior (10) • Ambassador (12)



# About Patch of the Month

Looking for some additional fun activities for your troop or just to do on your own? Each month, girls can discover, connect, and Take Action in a specific subject area. Hands-on activities are available for all Girl Scout levels and can be done at meetings, as a pre-meeting activity, or as an at-home project.

Patch of the Month programs provide Girl Scouts an opportunity to enjoy a variety of activities while earning a fun patch. Patch programs are available to Girl Scouts of all grade levels. Completing patch programs can help complete a Journey and may satisfy requirements for certain badges. It's not necessary to complete the patch programs in the months specified—they can be completed at any time! All fun patches are placed on the back of the vest or sash.

## Patch of the Month Evaluation

Once you have completed the program activities, please be sure to fill out the [Patch of the Month Evaluation](#).

## How to Order Patches

Visit the GSK Shop in-person or use the GSK Shop Order Form by clicking [here](#) to purchase your patch for \$2.00 each!



# February Patch of the Month

## Women in Sports

### Discover

1. Look into what girls' sports teams are offered at your school.
2. Find out when National Girls & Women in Sports Day is.
3. Read a book about women in sports.
4. Sketch a portrait of a female athlete.
5. Find a current news article about a woman in sports.
6. Watch an interview with a female athlete.
7. Research the differences between men's and women's sports.

### Connect

1. Interview a female coach.
2. Take a virtual tour of a women's sports museum.
3. Watch a movie or TV show about women's sports.
4. Interview a female athlete.
5. Research famous female athletes from your area.
6. Find a college sports scholarship and learn about its requirements.

### Act

1. Make a poster to support a girl's team.
2. Attend a girl's sporting event.
3. Attend a workshop to learn a new sport.
4. Support a female sports organization.
5. Educate others on why female sports are empowering.
6. Make a short video promoting girls in sports.