



2024–2025 Girl Scout Cookies®

All our cookies have...

- NO High-Fructose Corn Syrup
- NO Partially Hydrogenated Oils (PHOs)
- Zero Grams Trans Fat per Serving
- RSPO Certified (Mass Balance) Palm Oil
- Halal Certification

The World's Most Flavorful Lineup



Adventurefuls® • Real Cocoa

Indulgent brownie-inspired cookies with caramel flavored crème and a hint of sea salt
Approximately 15 cookies per 6.3 oz. pkg.

①D



Lemon-Ups®

NATURALLY FLAVORED WITH OTHER NATURAL FLAVORS

Crispy lemon flavored cookies with inspiring messages to lift your spirits
Approximately 12 cookies per 6.2 oz. pkg.

①D



Trefoils®

Iconic shortbread cookies inspired by the original Girl Scout recipe
Approximately 38 cookies per 9 oz. pkg.

①D



Do-si-dos® • Made with Natural Flavors • Real Peanut Butter • Whole Grain Oats

Oatmeal sandwich cookies with peanut butter filling
Approximately 20 cookies per 8 oz. pkg.

①D



Samoas® • Real Cocoa • Real Coconut

Crisp cookies with caramel, coconut and dark chocolaty stripes
Approximately 15 cookies per 7.5 oz. pkg.

①D



Tagalongs® • Real Cocoa • Real Peanut Butter

Crispy cookies layered with peanut butter and covered with a chocolaty coating
Approximately 15 cookies per 6.5 oz. pkg.

①D



Thin Mints® • Made with Vegan Ingredients • Real Cocoa

Crisp, chocolaty cookies made with natural oil of peppermint
Approximately 30 cookies per 9 oz. pkg.

①



Girl Scout S'mores® • Made with Natural Flavors • Real Cocoa

Graham sandwich cookies with chocolaty and marshmallowy flavored filling
Approximately 16 cookies per 8.5 oz. pkg.

①D



Toffee-tastic® • No Artificial Flavors

GLUTEN-FREE

Rich, buttery cookies with sweet, crunchy toffee bits
Approximately 14 cookies per 6.7 oz. pkg.

①D



Adventurefuls®

Nutrition Facts

About 7 servings per container

Serving size2 cookies (24g)

Amount per serving

Calories120

% Daily Value*

Total Fat6g7%

Saturated Fat3.5g18%

Trans Fat0g

Cholesterol0mg0%

Sodium80mg4%

Total Carbohydrate16g6%

Dietary Fiber1g3%

Total Sugars9g

Includes 9g Added Sugars18%

Protein1g

Vit. D 0mcg 0%• Calcium 10mg 0%

Iron 1.2mg 6%• Potas. 60mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

SUGAR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), VEGETABLE OIL (SOYBEAN, PALM AND PALM KERNEL), COCOA PROCESSED WITH ALKALI, SEMISWEET CHOCOLATE (SUGAR, CHOCOLATE, COCOA BUTTER, SOY LECITHIN, VANILLA EXTRACT), CONTAINS 2% OR LESS OF COCOA, NONFAT MILK, MILK, SALT, SOY LECITHIN, BAKING SODA, NATURAL AND ARTIFICIAL FLAVORS, PAPRIKA EXTRACT (COLOR).

CONTAINS WHEAT, SOY AND MILK INGREDIENTS.

MANUFACTURED IN A SHARED FACILITY WITH PEANUTS, TREE NUTS & EGG.

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Lemon-Ups®

Nutrition Facts

About 6 servings per container

Serving size2 cookies (29g)

Amount per serving

Calories140

% Daily Value*

Total Fat6g8%

Saturated Fat2g10%

Trans Fat0g

Polyunsaturated Fat2g

Monounsaturated Fat1.5g

Cholesterol0mg0%

Sodium100mg4%

Total Carbohydrate20g7%

Dietary Fiber0g0%

Total Sugars7g

Includes 7g Added Sugars14%

Protein1g

Vit. D 0mcg 0%• Calcium 0mg 0%

Iron 0.7mg 4%• Potas. 10mg 0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), SUGAR, SOYBEAN AND PALM OIL, CONTAINS 2% OR LESS OF NATURAL FLAVORS, SALT, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE), ANNATTO EXTRACT (COLOR, SOY LECITHIN, CITRIC ACID, WHEY PROTEIN CONCENTRATE, PROPYLENE GLYCOL ALGINATE, FRUCTOSE, MALIC ACID).

CONTAINS WHEAT, SOY AND MILK INGREDIENTS.

MANUFACTURED IN A SHARED FACILITY WITH PEANUTS, TREE NUTS AND EGG.

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Trefoils®

Nutrition Facts

About 8 servings per container

Serving size5 cookies (32g)

Amount per serving

Calories160

% Daily Value*

Total Fat7g9%

Saturated Fat2.5g13%

Trans Fat0g

Polyunsaturated Fat2.5g

Monounsaturated Fat2g

Cholesterol0mg0%

Sodium110mg5%

Total Carbohydrate21g8%

Dietary Fiber0g0%

Total Sugars7g

Includes 6g Added Sugars12%

Protein2g

Vit. D 0mcg 0%• Calcium 5mg 0%

Iron 1mg 4%• Potas. 35mg 0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), SOYBEAN AND PALM OIL, SUGAR, CONTAINS 2% OR LESS OF BROWN SUGAR (SUGAR, MOLASSES), SWEETENED CONDENSED MILK (MILK, SUGAR), BUTTERMILK, SALT, NATURAL AND ARTIFICIAL FLAVORS, BAKING SODA, SOY LECITHIN.

CONTAINS WHEAT, MILK AND SOY INGREDIENTS.

MANUFACTURED IN A SHARED FACILITY WITH PEANUTS, TREE NUTS & EGG.

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Do-si-dos®

Nutrition Facts

About 6 servings per container

Serving size3 cookies (34g)

Amount per serving

Calories160

% Daily Value*

Total Fat7g9%

Saturated Fat2g10%

Trans Fat0g

Polyunsaturated Fat2.5g

Monounsaturated Fat2.5g

Cholesterol0mg0%

Sodium100mg4%

Total Carbohydrate22g8%

Dietary Fiber1g4%

Total Sugars11g

Includes 10g Added Sugars20%

Protein3g

Vit. D 0mcg 0%• Calcium 15mg 0%

Iron 0.8mg 4%• Potas. 70mg 0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), SUGAR, WHOLE GRAIN OATS, SOYBEAN AND PALM OIL, PEANUT BUTTER, PEANUTS, HYDROGENATED PALM OIL, DEXTROSE, INVERT SUGAR, CONTAINS 2% OR LESS OF WHEY, SALT, LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE), CORNSTARCH, NATURAL FLAVORS, SOY LECITHIN.

CONTAINS WHEAT, PEANUT, MILK AND SOY INGREDIENTS.

MANUFACTURED IN A SHARED FACILITY WITH TREE NUTS & EGG.

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Samoas®

Nutrition Facts

About 7 servings per container

Serving size2 cookies (29g)

Amount per serving

Calories150

% Daily Value*

Total Fat8g10%

Saturated Fat6g30%

Trans Fat0g

Polyunsaturated Fat1g

Monounsaturated Fat1g

Cholesterol0mg0%

Sodium60mg3%

Total Carbohydrate18g7%

Dietary Fiber0g0%

Total Sugars11g

Includes 10g Added Sugars20%

Protein1g

Vit. D 0mcg 0%• Calcium 10mg 0%

Iron 0.6mg 2%• Potas. 45mg 0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

SUGAR, VEGETABLE OIL (PALM KERNEL, PALM AND SOYBEAN OIL), ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), CORN SYRUP, COCONUT, SWEETENED CONDENSED MILK (MILK, SUGAR), CONTAINS 2% OR LESS OF SORBITOL, COCOA, GLYCERIN, INVERT SUGAR, COCOA PROCESSED WITH ALKALI, CORNSTARCH, SALT, CARAMEL COLOR, DEXTROSE, NATURAL AND ARTIFICIAL FLAVORS, SOY LECITHIN, SORBITAN TRISTEARATE, LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE), CARRAGEENAN.

CONTAINS WHEAT, COCONUT, MILK AND SOY INGREDIENTS.

MANUFACTURED IN A SHARED FACILITY WITH PEANUTS, TREE NUTS & EGG.

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Tagalongs®

Nutrition Facts

About 7 servings per container

Serving size2 cookies (25g)

Amount per serving

Calories140

% Daily Value*

Total Fat8g10%

Saturated Fat4g20%

Trans Fat0g

Polyunsaturated Fat0g

Monounsaturated Fat2.5g

Cholesterol0mg0%

Sodium80mg3%

Total Carbohydrate13g5%

Dietary Fiber1g4%

Total Sugars8g

Includes 7g Added Sugars14%

Protein3g

Vit. D 0mcg 0%• Calcium 0mg 0%

Iron 0.7mg 2%• Potas. 60mg 0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

PEANUT BUTTER (PEANUTS, SUGAR, HYDROGENATED PALM OIL, SALT), SUGAR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), VEGETABLE OIL (PALM KERNEL, PALM AND SOYBEAN OIL), COCOA, CONTAINS 2% OR LESS OF INVERT SUGAR, CORNSTARCH, SALT, SORBITAN TRISTEARATE, SOY LECITHIN, LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE), NATURAL AND ARTIFICIAL FLAVORS, WHEY, PARTIALLY DEFATED PEANUT FLOUR.

CONTAINS PEANUT, WHEAT, SOY AND MILK INGREDIENTS.

MANUFACTURED IN A SHARED FACILITY WITH TREE NUTS & EGG.

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Thin Mints®

MADE WITH VEGAN INGREDIENTS

Nutrition Facts

About 8 servings per container

Serving size4 cookies (31g)

Amount per serving

Calories160

% Daily Value*

Total Fat7g9%

Saturated Fat5g25%

Trans Fat0g

Polyunsaturated Fat1g

Monounsaturated Fat1g

Cholesterol0mg0%

Sodium120mg5%

Total Carbohydrate21g8%

Dietary Fiber<1g3%

Total Sugars10g

Includes 9g Added Sugars18%

Protein2g

Vit. D 0mcg 0%• Calcium 10mg 0%

Iron 1.2mg 6%• Potas. 40mg 0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), SUGAR, VEGETABLE OIL (PALM KERNEL, PALM AND SOYBEAN OIL), COCOA, CARAMEL COLOR, CONTAINS 2% OR LESS OF COCOA PROCESSED WITH ALKALI, INVERT SUGAR, LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE), CORNSTARCH, SALT, SORBITAN TRISTEARATE, SOY LECITHIN, NATURAL AND ARTIFICIAL FLAVORS, OIL OF PEPPERMINT.

CONTAINS WHEAT AND SOY INGREDIENTS.

MANUFACTURED IN A SHARED FACILITY WITH PEANUTS, TREE NUTS, MILK & EGG.

MADE WITH VEGAN INGREDIENTS.

MADE IN A FACILITY THAT HANDLES NON-VEGAN INGREDIENTS.

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Girl Scout S'mores®

Nutrition Facts

About 8 servings per container

Serving size2 cookies (31g)

Amount per serving

Calories150

% Daily Value*

Total Fat7g9%

Saturated Fat3.5g18%

Trans Fat0g

Polyunsaturated Fat0.5g

Monounsaturated Fat2.5g

Cholesterol0mg0%

Sodium110mg5%

Total Carbohydrate21g8%

Dietary Fiber1g5%

Total Sugars10g

Includes 10g Added Sugars20%

Protein2g

Vit. D 0mcg 0%• Calcium 0mg 0%

Iron 0.8mg 4%• Potas. 50mg 0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

GRAHAM FLOUR, SUGAR, PALM OIL, WHEAT FLOUR, CANE SUGAR, CORNSTARCH, COCOA, CONTAINS 2% OR LESS OF INVERT SUGAR, CHOCOLATE, MOLASSES, SALT, NATURAL FLAVORS, BAKING SODA, COCOA PROCESSED WITH ALKALI, SOY LECITHIN, WHEY.

CONTAINS WHEAT, SOY AND MILK INGREDIENTS.

MANUFACTURED IN A SHARED FACILITY WITH PEANUTS, TREE NUTS, SESAME & EGG.

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Toffee-tastic®

GLUTEN-FREE

Nutrition Facts

About 7 servings per container

Serving size2 cookies (28g)

Amount per serving

Calories140

% Daily Value*

Total Fat7g9%

Saturated Fat4g20%

Trans Fat0g

Polyunsaturated Fat0.5g

Monounsaturated Fat2.5g

Cholesterol10mg3%

Sodium90mg4%

Total Carbohydrate19g7%

Dietary Fiber0g0%

Total Sugars7g

Includes 7g Added Sugars14%

Protein<1g

Vit. D 0mcg 0%• Calcium 0mg 0%

Iron 0.1mg 0%• Potas. 5mg 0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

RICE FLOUR, TAPIOCA STARCH, SUGAR, BUTTER (CREAM, SALT), PALM OIL, BROWN RICE FLOUR, BUTTER TOFFEE BITS (SUGAR, BUTTER (CREAM, SALT), CORN SYRUP, SOY LECITHIN, SALT), INVERT SUGAR, CONTAINS 2% OR LESS OF SALT, SOY LECITHIN, XANTHAN GUM, BAKING SODA.

CONTAINS MILK AND SOY INGREDIENTS.

MANUFACTURED IN A SHARED FACILITY WITH PEANUTS, TREE NUTS, WHEAT & EGG.

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